## WE CLAIM:

1. A method of reprogramming a cell, said method comprising:

- (a) incubating a nucleus from a donor cell with an extract under
  conditions that allow the removal of a factor from said nucleus or the addition of a factor from said extract to said nucleus; and
  - (b) inserting said nucleus or a chromatin mass formed from said nucleus into a recipient cell or cytoplast, thereby forming a reprogrammed cell.

## 2. A method of reprogramming a cell, said method comprising:

- (a) incubating a nucleus from a donor cell with an extract under conditions that allow the removal of a factor from said nucleus or the addition of a factor from said extract to said nucleus; and
- (b) inserting said nucleus or a chromatin mass formed from said nucleus into a recipient cell or cytoplast of a different somatic cell type, thereby forming a reprogrammed cell.

## 3. A method of reprogramming a cell, said method comprising:

- (a) incubating a chromatin mass from a donor cell with an extract under conditions that allow the removal of a factor from said chromatin mass or the addition of a factor from said extract to said chromatin mass; and
- (b) inserting said chromatin mass or a nucleus formed from said chromatin mass into a recipient cell or cytoplast, thereby forming a reprogrammed cell.

25

30

10

15

- 4. A method of reprogramming a cell, said method comprising:
- (a) incubating a chromatin mass from a donor cell with an extract under conditions that allow the removal of a factor from said chromatin mass or the addition of a factor from said extract to said chromatin mass; and
- (b) inserting said chromatin mass or a nucleus formed from said chromatin mass into a recipient cell or cytoplast of a different somatic cell type, thereby forming a reprogrammed cell.

5

10

20

25

5. A method of reprogramming a cell, said method comprising incubating a permeabilized cell with an extract under conditions that allow the removal of a factor from the nucleus or a chromosome of said permeabilized cell or the addition of a factor from said extract to said nucleus or said chromosome, thereby forming a reprogrammed cell.

- 6. A method of treating or preventing a disease, disorder, or condition in a mammal, said method comprising:
- (a) incubating a nucleus from a donor cell with an extract under conditions that allow the removal of a factor from said nucleus or the addition of a factor from said extract to said nucleus;
- (b) inserting said nucleus or a chromatin mass formed from said nucleus into a recepient cell or cytoplast, thereby forming a reprogrammed cell; and
- (c) administering said reprogrammed cell to a mammal in need of said reprogrammed cell.
  - 7. A method of treating or preventing a disease, disorder, or condition in a mammal, said method comprising:
  - (a) incubating a nucleus from a donor cell with an extract under conditions that allow the removal of a factor from said nucleus or the addition of a factor from said extract to said nucleus;
  - (b) inserting said nucleus or a chromatin mass formed from said nucleus into a recepient cell or cytoplast of a different somatic cell type, thereby forming a reprogrammed cell; and
  - (c) administering said reprogrammed cell to a mammal in need of said cell type.
  - 8. A method of treating or preventing a disease, disorder, or condition in a mammal, said method comprising:
- 30 (a) incubating a chromatin mass from a donor cell with an extract under conditions that allow the removal of a factor from said chromatin mass or the addition of a factor from said extract to said chromatin mass;

(b) inserting said chromatin mass or a nucleus formed from said chromatin mass into a recipient cell or cytoplast, thereby forming a reprogrammed cell; and

- (c) administering said reprogrammed cell to a mammal in need of said reprogrammed cell.
  - 9. A method of treating or preventing a disease, disorder, or condition in a mammal, said method comprising:
- (a) incubating a chromatin mass from a donor cell with an extract under conditions that allow the removal of a factor from said chromatin mass or the addition of a factor from said extract to said chromatin mass;
  - (b) inserting said chromatin mass or a nucleus formed from said chromatin mass into a recipient cell or cytoplast of a different somatic cell type, thereby forming a reprogrammed cell; and
- 15 (c) administering said reprogrammed cell to a mammal in need of said cell type.
  - 10. A method of treating or preventing a disease, disorder, or condition in a mammal, said method comprising:
  - (a) incubating a permeabilized, cell with an extract under conditions that allow the removal of a factor from the nucleus or a chromosome of said permeabilized cell or the addition of a factor from said extract to said nucleus or said chromosome, thereby forming a reprogrammed cell; and

20

- (b) administering said reprogrammed cell to a mammal in need of said cell type.
  - 11. The method of any one of claim 1-10, wherein said extract is an interphase extract or a mitotic extract.
- 12. The method of claim 1, 2, 5, 6, 7 or 10 wherein said nucleus remains membrane-bounded and the chromosomes in said nucleus do not condense during incubation with said extract.

13. The method of claim 1, 2, 5, 6, 7 or 10 wherein a chromatin mass is formed from incubation of said nucleus or said permeabilized cell in said extract.

- 14. The method of claim 1, 2, 6 or 7, wherein said chromatin mass is incubated in an interphase extract under conditions that allow a nucleus to be formed from said chromatin mass and said reformed nucleus is inserted into said recipient cell or said recipient cytoplast.
- 15. The method of claim 5 or 10, wherein said reprogrammed cell is incubated under conditions that allow the membrane of said reprogrammed cell to reseal.
  - 16. The method of any one of claims 1-10, wherein at least 5 mRNA or protein molecules are expressed in said reprogrammed cell that are not expressed in said donor cell or said permeabilized cell.
  - 17. The method of any one of claims 1-10, wherein at least 5 mRNA or protein molecules are expressed in said donor cell or said permeabilized cell that are not expressed in said reprogrammed cell.

20

15

- 18. The method of any one claims 1-10, wherein said donor cell or said permeabilized cell is an interphase or mitotic cell
- 19. The method of any one of claims 1-10, wherein said donor cell, said permeabilized cell, said recipient cell, said recipient cytoplast, or said reprogrammed cell is an epithelial cell, neural cell, epidermal cell, keratinocyte, hematopoietic cell, insulin-producing cell, melanocyte, chondrocyte, B-cell, T-cell, erythrocyte, macrophage, monocyte, fibroblast, muscle cell, embryonic stem cell, or adult stem cell.

30

25

20. The method of claim 19, wherein said donor cell or said permeabilized cell is a B-cell or fibroblast and said reprogrammed cell is a T-cell.

21. The method of any one of claims 1-10, wherein said recipient cell or said cytoplast is an undifferentiated cell.

- 22. The method of any one of claims 1-10, wherein said donor cell, said permeabilized cell, said recipient cell, or said recipient cytoplast is from a human.
  - 23. The method of any one of claim 6-10, wherein said discase, disorder, or condition is a neurological, immune, autoimmune, endocrine, cancer, inflammatory, or muscular disease, disorder, or condition.

10

15

- 24. Use of a reprogrammed cell for the treatment or prevention of a disease, disorder, or condition in a mammal comprising:
- (a) incubating a nucleus from a donor cell with an extract under conditions that allow the removal of a factor from said nucleus or the addition of a factor from said extract to said nucleus;
- (b) inserting said nucleus or a chromatin mass formed from said nucleus into a recepient cell or cytoplast, thereby forming a reprogrammed cell; and
- (c) administering said reprogrammed cell to a mammal in need of said reprogrammed cell.

20

- 25. Use of a reprogrammed cell for the treatment or prevention of a disease, disorder, or condition in a mammal comprising:
- (a) incubating a nucleus from a donor cell with an extract under conditions that allow the removal of a factor from said nucleus or the addition of a factor from said extract to said nucleus;
- (b) inserting said nucleus or a chromatin mass formed from said nucleus into a recepient cell or cytoplast of a different somatic cell type, thereby forming a reprogrammed cell; and
- (c) administering said reprogrammed cell to a mammal in need of said cell type.
  - 26. Use of a reprogrammed cell for the treatment or prevention of a disease, disorder, or condition in a mammal comprising:

(a) incubating a chromatin mass from a donor cell with an extract under conditions that allow the removal of a factor from said chromatin mass or the addition of a factor from said extract to said chromatin mass;

- (b) inserting said chromatin mass or a nucleus formed from said chromatin mass into a recipient cell or cytoplast, thereby forming a reprogrammed cell; and
  - (c) administering said reprogrammed cell to a mammal in need of said reprogrammed cell.
- 27. Use of a reprogrammed cell for the treatment or prevention of a disease, disorder, or condition in a mammal comprising:
  - (a) incubating a chromatin mass from a donor cell with an extract under conditions that allow the removal of a factor from said chromatin mass or the addition of a factor from said extract to said chromatin mass:
  - (b) inserting said chromatin mass or a nucleus formed from said chromatin mass into a recipient cell or cytoplast of a different somatic cell type, thereby forming a reprogrammed cell; and
  - (c) administering said reprogrammed cell to a mammal in need of said cell type.

20

25

15

- 28. Use of a reprogrammed cell for the treatment or prevention of a disease, disorder, or condition in a mammal comprising:
- (a) incubating a permeabilized, cell with an extract under conditions that allow the removal of a factor from the nucleus or a chromosome of said permeabilized cell or the addition of a factor from said extract to said nucleus or said chromosome, thereby forming a reprogrammed cell; and
- (b) administering said reprogrammed cell to a mammal in need of said cell type.
- 29. The use of any one of claim 24-28, wherein said extract is an interphase extract or a mitotic extract.

30. The use of any of claims 24, 26 or 28 wherein said nucleus remains membrane-bounded and the chromosomes in said nucleus do not condense during incubation with said extract.

- 5 31. use of any of claims 24, 26 or 28, wherein a chromatin mass is formed from incubation of said nucleus or said permeabilized cell in said extract.
  - 32. The use of any of claims 24 or 25, wherein said chromatin mass is incubated in an interphase extract under conditions that allow a nucleus to be formed from said chromatin mass and said reformed nucleus is inserted into said recipient cell or said recipient cytoplast.

10

15

- 33. The use of claim 28, wherein said reprogrammed cell is incubated under conditions that allow the membrane of said reprogrammed cell to reseal.
- 34. The use of any of claims 24-28, wherein at least 5 mRNA or protein molecules are expressed in said reprogrammed cell that are not expressed in said donor cell or said permeabilized cell.
- 35. The use of any of claims 24- 28, wherein at least 5 mRNA or protein molecules are expressed in said donor cell or said permeabilized cell that are not expressed in said reprogrammed cell.
- 36. The use of any of claims 24- 28, wherein said donor cell or said permeabilized cell is an interphase or mitotic cell
  - 37. The use of any of claims 24- 28, wherein said donor cell, said permeabilized cell, said recipient cell, said recipient cytoplast, or said reprogrammed cell is an epithelial cell, neural cell, epidermal cell, keratinocyte, hematopoietic cell, insulin-producing cell, melanocyte, chondrocyte, B-cell, T-cell, erythrocyte, macrophage, monocyte, fibroblast, muscle cell, embryonic stem cell, or adult stem cell.

38. The use of claim 37, wherein said donor cell or said permeabilized cell is a B-cell or fibroblast and said reprogrammed cell is a T-cell.

- 39. The use of any of claims 24- 28, wherein said recipient cell or said cytoplast is an undifferentiated cell.
  - 40. The use of any of claims 24-28, wherein said donor cell, said permeabilized cell, said recipient cell, or said recipient cytoplast is from a human.
- 41. The use of any of claims 24-28, wherein said disease, disorder, or condition is a neurological, immune, autoimmune, endocrine, cancer, inflammatory, or muscular disease, disorder, or condition.